

Boys 'N' Berries

A Square and Round Dance Club

Dedicated to the proposition that Square Dancing is Fun!

Sponsored by the Buena Park Fine Arts Commission

Newsletter - November 2012 Editor-Ron Bradford

The Editor takes responsibility for all misspellings and paragraph errors.

November 3rd Harvest Dance

Charlie Robertson/Zena Beaulieu

Kitchen to provide Pumpkin pie and Whip Cream

December 14th (Friday) Winter Dreams

Johnny Preston/Linda Ashby

Club Members to provide: Favorite Christmas

Treats, your pick; cakes, candy, pie, cookies; anything is good.

CLUB DANCE & VISITATIONS

Greeters:

November Gina Danza/Theresa Mercurio

December Rick Donaldson/Rachel Rodriquez

Visitation

November 2, 2012

Ramblin Rogues

John Reitmajer/Eileen Silvia

United Methodist Church

1000 State College Blvd.

Anaheim

November 17, 2012

Chevron Squares

David Mee/Judy Keller

St. Paul's Church

2580 West Orange

Anaheim

Presidents Message

November is here. Where has the year gone? This month, there are several important things happening. Daylight time will end; we will elect a president and others. Be sure you get out and vote. This is our country. Then comes Thanksgiving, a time to have a feast with family and friends and be



thankful for all we have. I'll also get to see my new great grandson for the first time.

I want to share a little bit of trivia I read about dancing. A recent study in the Journal of Sports Science and Medicine found that dancing twice a week for six months, increased memory and cognitive function among older adults. Sure, other types of exercise offer some of these benefits. But, compared with jarring regimens like jogging, dancing is easy on the joints. Plus, dancing requires some social skills and that's good for your brain too. So, let's all keep dancing.

HAPPY THANKSGIVING TO EVERYONE.

Marietta

Board Meeting October 30th, at 5:30 p.m.

November Birthdays

5th Jean Plante

8th Sheila Levine

15th Lonnie Bingham

27th Alma Stallings

December Birthdays

23rd Marion Gurwell

25th Gregg Nevitt

November Anniversary

23rd Gene/Dottie Heatherton

December Anniversary

1st David/Sheila Levine

ATTENTION CLUB MEMBERS

Members are encouraged to help out the new class. Get some exercise, encourage a new dancer, put an experienced dancer in the square. Bargain price for Angels is \$3.00.

David & Diane Reed

ASSISTANT TREASURERS:

Nov Club: Jack/Mona Cameron
Class: Jean Pitts/Anita Schwertley
Dec Peggy Reardon/Marjorie Ring

ASD

50/50s

It was brought up again not to call the tickets 50/50s. Split the Pot is an okay term to use because it doesn't indicate how much the club gets and how much the dancers get.

NEWS ABOUT OTHER CLUBS

Orange Coast Lariats will be dark in November.
Cypress Twirlers will have a clothing sale at Mel's place on February 10th.

Anne Willbanks

From the Kitchen

Hey Club Members,

Well, here we go into the holidays. Hope that your summer was good and that you were not bothered by the heat. Our Dance in October was a good one. The caller was ok, not my cup of tea, but a lot liked his glib sense of humor. We had some trouble in the kitchen with the root beer floats. The ice cream was melting and we had to put more in each cup, so we ran out at the end. Sorry to those who did not get a float and also to those who wanted seconds. I will adjust next year for the heat by buying more ice cream. A thanks goes out to those who helped in the Kitchen as always, you are appreciated. A Special thanks to Anita who has been helping in the kitchen for the dance and the Tuesday classes for the month of October.

This month's dance is on November 3rd. The caller is Charlie Robertson and the Cues are Zena Beaulieu. The Club Kitchen will provide Pumpkin Pie and whipped cream. Let's dress in our fall colors. Marion Gurwell will be November's kitchen helper, thanks in advance for your help.

December's dance will be on Friday, December 14th. The Caller will be Johnny Preston and the Cues will be Linda Ashby. Our Club Members will provide their favorite Holiday Treats, you pick cakes, pies, candy, cookies, anything you wish.

Steve Roehrich will be our helper in the kitchen for this month. Thanks Steve for all your help, you seem to be in the kitchen when we need you the most.

Until next month
Keep on Dancing,
Joan

Boys 'N' Berries
P.O. Box 5234
Buena Park, CA 90622-5234
www.boysnberries.org

